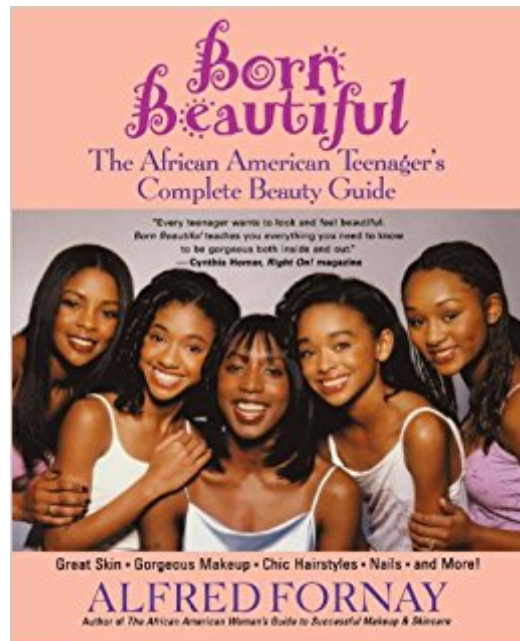




The book was found

Born Beautiful: The African American Teenager's Complete Beauty Guide



Synopsis

When I read *Born Beautiful*, I thought ' finally, a beauty book that addresses the unique needs of black teens.' I highly recommend this book to all parents for their beautiful daughters.-Terrie Williams, author *Stay Strong: Simple Life Lessons for Teens* *Born Beautiful* is the best! It's detailed and easy to follow! It gives great examples and real-life scenarios! Whether you are a ""natural-look-with-lip-gloss girl"" or a ""high-profile prima donna,"" this book is for you! If you want to know all about your skin type and how to care for it, which makeup colors are best for your skin tone and how to apply them, and how to wear and care for your hair, then you've got to read it! And wait until you check out the ""Teen Tips"" written by girls like you and the ""Special Stuff"" that will give you a winning edge! There is a great color chart to help you select your best cosmetic and fashion colors, and we put you to the test with Quizzes and ""Dos and Don'ts."" *Born Beautiful* will help you to understand and appreciate who you are -a beautiful African American teen. *Born Beautiful* was written specifically for you-the African American teenager. Never before have your specific grooming needs been addressed. You are a unique individual. Fornay's straightforwardness gives you up-to-date information about:

- * Daily Routines for Great Skin
- * Gorgeous Makeup from Day to Date
- * Chic Hairstyles & Care for Your Hair
- * Ten Steps to Fabulous Nails
- * Choosing the Right Colors for Your Best Look
- * Good Food for Fitness & Fortitude
- * Making Sense of Your Fragrance Choices
- * The ""411"" on Tattoos, Body Piercing & Other Fads
- * Beauty Tips from Your Favorite Celebs, Including Destiny's Child, Brandy, and Ananda Lewis

Book Information

Paperback: 176 pages

Publisher: Wiley; 1st edition (March 1, 2002)

Language: English

ISBN-10: 0471402753

ISBN-13: 978-0471402756

Product Dimensions: 7.9 x 0.5 x 8.9 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 16 customer reviews

Best Sellers Rank: #979,063 in Books (See Top 100 in Books) #19 in [Books > Teens >](#)

[Personal Health > Personal Hygiene](#) #600 in [Books > Children's Books > Growing Up & Facts](#)

[of Life > Health > Personal Hygiene](#) #1214 in [Books > Children's Books > Biographies >](#)

[Multicultural](#)

Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

"When I read Born Beautiful, I thought 'finally, a beauty book that addresses the unique needs of black teens.' I highly recommend this book to all parents for their beautiful daughters."—Terrie Williams, author Stay Strong: Simple Life Lessons for Teens Born Beautiful is the best! It's detailed and easy to follow! It gives great examples and real-life scenarios! Whether you are a "natural-look-with-lip-gloss girl" or a "high-profile prima donna," this book is for you! If you want to know all about your skin type and how to care for it, which makeup colors are best for your skin tone and how to apply them, and how to wear and care for your hair, then you've got to read it! And wait until you check out the "Teen Tips" written by girls like you and the "Special Stuff" that will give you a winning edge! There is a great color chart to help you select your best cosmetic and fashion colors, and we put you to the test with Quizzes and "Dos and Don'ts." Born Beautiful will help you to understand and appreciate who you are—a beautiful African American teen. Born Beautiful was written specifically for you—the African American teenager. Never before have your specific grooming needs been addressed. You are a unique individual. Fornay's straightforwardness gives you up-to-date information about: Daily Routines for Great Skin Gorgeous Makeup from Day to Date Chic Hairstyles & Care for Your Hair Ten Steps to Fabulous Nails Choosing the Right Colors for Your Best Look Good Food for Fitness & Fortitude Making Sense of Your Fragrance Choices The "411" on Tattoos, Body Piercing & Other Fads Beauty Tips from Your Favorite Celebs, Including Destiny's Child, Brandy, and Ananda Lewis

Alfred Fornay is one of America's foremost authorities on skincare and makeup.

I returned this book because it was the old version, i.e. black and white and pictures of celebrities from the 90s. At first glance, I knew my niece would not be interested.

Bought it for my teen daughter, she loved it.

This is not a good book for all young African American girls. all of the girls have make up and chemically treated hair. This is not OK if your trying to teach your young princess to be happy with

who she is as she is NOW. That is if you don't allow your teenager or preteen to wear makeup, and you don't allow her to chemically treat her hair. I didn't give my child this book, nor will I re-gift it. Hope this helps moms that are raising daughters to appreciate their natural beauty.

I bought this as a gift for one of my daughter's friends a year ago. She still thanks me and tells me how much she's been able to use it and how helpful it's been. She wants me to find something just like it for her birthday this year, too. There simply aren't enough books like this for black preteen and teenage girls. She has made a lot of changes not just in how she takes care of herself, but also in the way she views herself. She's become quite the confident young lady in the past year.

Our adopted daughter is thrilled with this book. Since I am not of African descent, there is much I cannot answer for her. This book takes care of it all!

I ordered this book for my 15 year old for Christmas. Right away she started a skin cleaning program and started drinking more water. I wanted her to know there are resources for African American girls her age. The nice pictures of the celebrities and inserts really caught her attention. Pack with info and easy to read. Thanks

A non-black friend asked if this was an appropriate gift for my daughter. She was concerned that there were no photos of girls with natural nappy or kinky hair and styles and while pretty - all of the models were medium to light brown. We have been friends a very long time. teen age girls are so sensitive and impressionable. we have to be aware of the messages we send to them. I am not comfortable with this message for my daughter. there is a very short section on natural hair ' which is difficult to manage'. REALLY?!?!?!

This book perpetrates years of negative media images of African American people and women in general. It contributes to the false notion that a Eurocentric physical appearance is an indicator of African American beauty. The photograph on the front cover of the book is a fine example of this. All of the young women in the photograph have long straightened/chemically altered hair and their skin complexions range from light to medium brown. None of these young sisters are dark skinned nor do they sport natural and/or short hair styles! In addition this book contributes to the socializing of girls into being self-consumed with beauty. A young woman's self esteem should be based on her character, her talents and her accomplishments NOT on her appearance. They must know they are

special because they are respected and valued. Tips on beauty from the "Hollywood stars" and beauty tips on how to prepare for a "date" are shallow issues that do not build self-esteem, strong principals or values. Lets not insult the intelligence of our teen daughters by believing that their world ONLY consists of beauty and dates. DO NOT WASTE YOUR MONEY ON THIS BOOK! More appropriate books for young African American womens' beauty should be centered around self-love and self-acceptance. Natural beauty books that truly embrace self-love/acceptance and Afrocentricity are "No Lye" by Tulani Kinard and "Lets Talk Hair" by Pamela Ferrell. Start your daughters off with these two books. It is in these kinds of books that the "beauty" issues around self-esteem that plague so many African American women and teens today are discussed. It is also in these books that various photos of African American females of many complexions, and hair textures/lengths and ages are shown.

[Download to continue reading...](#)

African: African Recipes - The Very Best African Cookbook (African recipes, African cookbook, African cook book, African recipe, African recipe book) Born Beautiful: The African American Teenager's Complete Beauty Guide Nora Roberts - Born In Trilogy: Born in Fire, Born in Ice, Born in Shame Dragon-Born: The Dragon-Born Saga Books 1-3, Half-Blood Dragon, Magic-Born Dragon, Queen of the Dragons Beauty Shop Politics: African American Women's Activism in the Beauty Industry (Women in American History) Hair Styling Guide: Hair Care For African American And Bi-Racial Children: Quickly style, grow and maintain healthier more beautiful African American and Bi-racial hair in record time. Cool Hair: A Teenager's Guide to the Best Beauty Secrets on Hair, Makeup, and Style The Beauty Detox Foods: Discover the Top 50 Beauty Foods That Will Transform Your Body and Reveal a More Beautiful You African Masks Coloring Book: A Coloring Book Featuring Over 30 Images Inspired By Traditional African Masks, Cultural History, Folk Art Coloring Book, African Art Decor African Rhythm and African Sensibility: Aesthetics and Social Action in African Musical Idioms A Kitchen in Tunisia: Tunisian Recipes from North Africa (Tunisian Recipes, Tunisian Cookbook, Tunisian Cooking, Tunisian Food, African Recipes, African Cookbook, African Cooking Book 1) AFRICAN Cooking: The Most Delicious African Food Recipes with Simple and Easiest Directions and Mouth Watering Taste - Best African cookbook Africa: African History: From Ancient Egypt to Modern South Africa - Stories, People and Events That Shaped The History of Africa (African Folktales, African ... Africa, Somalia, Nelson Mandela Book 3) Born to Conquer and Other Short Stories: Born to Conquer, Clouds on the Circle P, An Evening's Entertainment, Ride the River, The Stranger Born Yesterday: The True Story of a Girl Born in the 20th Century but Raised in the 19th Born in Ice: Born in Trilogy, Book 2 Before We Are Born: Essentials of

Embryology and Birth Defects With STUDENT CONSULT Online Access, 7e (Before We Are Born: Essentials of Embryology & Birth Defects) Before We Are Born: Essentials of Embryology and Birth Defects, 6e (Before We Are Born: Essentials of Embryology & Birth Defects) Magic-Born Dragon: Book Two of the Dragon Born Trilogy Generation V: The Complete Guide to Going, Being, and Staying Vegan as a Teenager

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)